

Bristol and West Hockey Club

BRISTOL'S FRIENDLIEST HOCKEY CLUB



PROTECTIVE EQUIPMENT POLICY

The use and provision of personal protective equipment is the responsibility of all club members at both junior and senior level. All players of any age should ensure as a minimum they always have shin pads and mouth guards for both training sessions and playing matches. For participation in junior training and matches, wearing a mouth guard is mandatory.

Players may, at their own discretion, also choose additional protective equipment such as face masks or gloves. The use of personal protective equipment reduces the risk of injury and members are encouraged to consider wearing the personal protective equipment they feel appropriate at all times when playing. The Club does not provide protective equipment at senior level (including for juniors playing in senior games) and this includes face masks for defending short corners.

For junior matches (e.g. Badgers or Vixens), face masks will be provided as some players and parents may not be aware of the use this equipment, particularly those new to the game.

